

# THE ROYAL OAK - Gluten Free



*Please ask for help with any allergies*

## STARTERS

Today's soup with GF (gluten free) bread (nv) £5.75

Caesar-style salad (n) £5.75/£11.25 .....add sautéed squid £2.50/£4.50

Sautéed wild mushrooms on GF (gluten free) toast with tarragon mayonnaise (v) £6.50

Ham hock terrine with spiced tomato chutney, radish, cornichons and GF toast (n) £6.75

Pea panna cotta with bacon jam, crispy pancetta and toasted hazelnuts (n) £7.25

Grilled Cornish mackerel with cucumber, sauce vierge and horseradish £7.50

Bubble and squeak with oak smoked bacon, free range poached egg and hollandaise sauce £7.50/£13.75

## MAIN COURSES

Tempura battered soft shell crab with Thai chilli noodle salad and tomato, red onion and coriander relish £14.75

Pan-roast free range pork tenderloin with dauphinoise potatoes, Koffman cabbage and apple jus £16.75

Sweetcorn and chickpea burger with halloumi, chilli and mint yoghurt and sweet potato fries (v) £13.50

Pan-roast Barbary duck breast with confit potatoes, glazed heritage carrots and garden redcurrant jus £18.25

Pan-roast Cornish hake fillet with heritage tomatoes, sautéed new potatoes, samphire and basil oil £16.75

Cookham Dean vegetable frittata with dukkah potatoes, onion jam and smoked tomato hummus (nv) £13.75

Pan-roast sea trout fillet with smoked bacon, broad bean and potato salad £17.25

Char-grilled 28-day, dry-aged 10oz Hereford rib-eye steak with sautéed new potatoes and roast garlic butter £25.75

## SIDES

Buttered seasonal vegetables £3.75

Sautéed new potatoes £4.00

Creamy mash £3.50 Cobb salad £3.75

## PUDDINGS

Chocolate caramel mousse and mint parfait with honeycomb £7.25

Buttermilk panna cotta with English strawberries and brown sugar meringue £6.75

Warm carrot, almond and walnut cake with candied carrots and toffee sauce (n) £5.75

Pimm's jelly and Bucksum strawberries with orange, mint and cucumber sorbet £6.25

Homemade ice creams (vanilla, chocolate, strawberry) £5.75

Homemade sorbets (lemon, raspberry, blood orange) £5.25

British cheeses with GF biscuits and spiced fruit chutney (n) £9.00

Affogato espresso and vanilla ice cream £4.50

Royal Oak chocolate truffles £3.75

*All puddings and ice creams are made with Laceys' Farm milk and cream*